

How they grow.

A child-development
checklist for parents.



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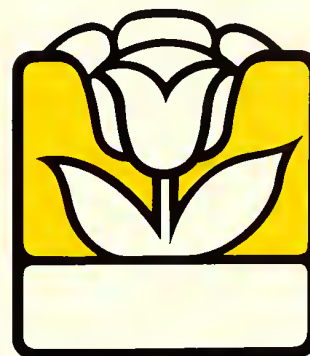
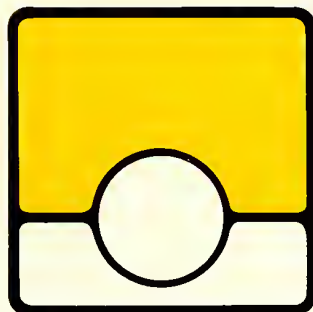
When learning problems are recognized early, kids make better progress.

Thousands of children are born with, or may acquire, conditions that prevent them from learning things. Fortunately, many of these conditions can be helped or completely corrected if the problem is recognized early. And help is available, free, within the Montana public school system.

This folder is designed to help you decide if your child has learning difficulties that may require special attention. So please take the time to look over this folder today.

If your child seems to have a problem with any of the skills listed, please don't wait. Even if you're not sure.

1. Call the state Office of Public Instruction, toll free, 1-800-332-3402, and ask for "Help a child grow." You'll get friendly help from a professional who understands learning problems and the concerns of parents.
2. Or, fill in the coupon inside, and mail to "Help a child grow," Office of Public Instruction, Helena, Montana 59601.
3. Or, call your local school for more information.



Help a child grow.

Child Development Checklist – Birth to 6 Years

This checklist is very brief, and represents averages only. Each child is an individual and will develop at his or her own rate.

BY 1ST BIRTHDAY:

- _____ holds head up by 4 months
- _____ turns toward sounds by 6 months
- _____ reaches for familiar objects by 6 months
- _____ sits without help by 8 months
- _____ babbles and imitates sounds by 4-12 months
- _____ understands familiar words (no-no, bye-bye)
- _____ crawls on hands and knees by 12 months
- _____ seems to say “mama” and “dada” with meaning by 12 months

BY 2ND BIRTHDAY:

- _____ walks alone
- _____ puts 2 words together to make a sentence
- _____ enjoys listening to simple stories
- _____ says 20 different words
- _____ begins feeding himself
- _____ begins undressing himself
- _____ becomes fond of saying “no”
- _____ understands and follows simple directions

BY 3RD BIRTHDAY:

- _____ uses 3-word sentences
- _____ understood by people outside the family
- _____ can tell his name and age
- _____ can walk up steps without help
- _____ enjoys playing with other people
- _____ refers to himself as “I”
- _____ asks a lot of questions
- _____ can ride a tricycle

BY 4TH BIRTHDAY:

- _____ uses 4-word sentences
- _____ asks more questions, knowing some of the answers
- _____ can tell a story
- _____ can name 3 colors
- _____ hops on 1 foot
- _____ puts on shoes, with help
- _____ dresses without help
- _____ balances on 1 foot for 5 seconds

BY 5TH BIRTHDAY:

- _____ can sing simple songs
- _____ counts to 5 out loud
- _____ spends time looking at books
- _____ dresses and undresses without help
- _____ understands almost everything you say
- _____ can draw a square
- _____ washes own face and hands
- _____ plays simple games and follows rules

BY 6TH BIRTHDAY:

- _____ knows difference between right and left
- _____ can name penny, nickel and dime
- _____ counts to 10
- _____ blows own nose
- _____ can bathe himself without help
- _____ can print first name
- _____ copies triangle and diamond
- _____ reacts calmly when left with a stranger or babysitter

Does your school-age child have trouble learning?

If your child is between 6 and 18 years old, and is having trouble with one or more of these items — don’t wait. Discuss the problem with your child’s teacher or school principal. Or mail the coupon ... today!

- _____ seems bright, but performs below his potential in reading, writing, spelling and/or math.
- _____ can’t seem to keep from touching everything and everyone.
- _____ sometimes does not seem to hear or see what others do.
- _____ has trouble using abstract ideas to solve problems.
- _____ has trouble remembering what he saw or heard.
- _____ often has problems seeing likenesses or differences among objects or situations.
- _____ rubs eyes, frowns, or screws up his face when looking at distant objects.

- _____ holds the book very close, very far away, or in other unusual positions while reading.
- _____ has chronic eye irritations — watery eyes, red-rimmed, encrusted or swollen lids.
- _____ frequently fails to answer when spoken to.
- _____ has trouble paying attention.
- _____ has problems speaking clearly and/or pronouncing words.
- _____ has low tolerance for failure and frustration.
- _____ disturbs other children — teasing, starting fights, interrupting.

Tell me more!

I’d like to know more about learning problems, and how they can be helped.

- _____ Please send me the FREE color brochure — “Special Education helps kids learn better, grow up happier.”
- _____ I’d like to talk about my child with a professional who understands learning problems. Please contact me.

NAME _____

Please print

ADDRESS _____

CITY _____ STATE _____ ZIP _____

PHONE _____

Please mail this coupon to: Help a child grow
Office of Public Instruction
Georgia Rice, Superintendent
Helena, MT 59601



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Georgia Rice, Superintendent
Helena, MT 59601

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